

coronary artery disease (CAD) undergoing percutaneous coronary intervention (PCI) were electively treated with SES or BMS (sequential control design). Baseline socio-demographic and coronary risk factors, major adverse coronary events (MACE), including death, myocardial infarction, coronary artery bypass surgery and re-PCI in target vessel, as well as disease-related direct and indirect costs were documented by standardised questionnaires completed by patients and physicians through 18 months following PCI. All results are adjusted for age, gender, household status, 3-vessel heart disease and number of stents. P-values are from tests of interaction. **RESULTS:** From April 2003 to June 2005, 658 patients were treated with SES (87% male, mean age 63 ± 9 , 24% diabetic) and 294 patients with BMS (79% male, mean age 64 ± 10 , 20% diabetic). After 18 months, 23% of SES and 27% of BMS patients with diabetes had suffered MACE in comparison to 9% of SES and 18% of BMS patients without diabetes (no significant difference in the effect of SES in the presence of diabetes, adjusted = 0.354). In diabetic patients, SES and BMS incurred total costs of EUR 14,357 and 10,909, respectively. In non-diabetic patients, SES and BMS costs totalled EUR 13,241 and 11,215, respectively (p adjusted = 0.164). In diabetic patients, the cost-effectiveness of SES vs. BMS was EUR 92,400 per patient free from MACE and in non-diabetic patients, EUR 16,163. **CONCLUSIONS:** In this subgroup analysis, MACE in patients with diabetes did not appear to be influenced by stent type, whereas in non-diabetic patients SES use resulted in lower MACE. SES implantation was less cost-effective in patients with diabetes than in non-diabetic patients.

PCV5

A REAL WORLD COMPARISON OF COMBINED LIPID TARGET ATTAINMENT BETWEEN COMBINATION NIACIN EXTENDED-RELEASE+ANY STATIN THERAPY AND FIXED DOSE SIMVASTATIN+EZETIMIBE

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OBJECTIVES: Use of niacin extended-release with statin monotherapy (SM) for combined lipid target attainment (CLTA) of LDL-C, HDL-C, and triglycerides (TG) has been limited. The objective was to compare real-world CLTA among patients receiving niacin extended-release+any statin (NER+S) versus fixed-dose simvastatin+ezetimibe (S+E) combination therapy. **METHODS:** A retrospective analysis was conducted on patients aged ≥ 18 years, newly initiating NER+S or S+E therapy between July 1, 2000–June 30, 2006 (index date), with health plan eligibility of at least 12 months pre- and post-index date, and at non-target HDL-C (<40 mg/dL) and TG levels (>150 mg/dL) at index date using a large integrated research claims database. CLTA, assessed at the last laboratory visit within 12 months of index date, was defined according to NCEP ATP III, ADA, and AHA Women's guidelines where appropriate. A propensity score, controlling for differences in index date age, gender, LDL-C, HDL-C, and TG levels, was included as a covariate in a multivariate logistic regression model comparing odds of achieving CLTA between treatment groups. **RESULTS:** A total of 883 patients were analyzed, 445 initiating NER+S and 438 initiating S+E. NER+S patients were significantly older (54 ± 9 years vs. 51 ± 8 years; $p < 0.0001$), more male (81% vs. 55%; $p < 0.0001$), hypertensive (80% vs. 67%; $p < 0.0001$), and with prior cardiovascular disease (CVD) (46% vs. 17%; $p < 0.0001$) than S+E patients. All NER+S patients and some S+E patients (48%) were prescribed SM prior to index date. Mean baseline

values for LDL-C (98 ± 36 vs. 136 ± 43 mg/dL; $p < 0.0001$) and HDL-C (37 ± 9 vs. 44 ± 11 mg/dL; $p < 0.0001$) were significantly lower among NER+S patients. Logistic regression analysis indicated 64% (OR: 1.64; 95% C.I.: 1.02–2.61) increased likelihood of CLTA among NER+S patients versus S+E patients. **CONCLUSIONS:** Dyslipidemia patients initiating NER+S therapy were more likely to achieve CLTA than patients initiating S+E therapy in a real-world setting, thus implying a greater potential reduction in cardiovascular risk.

PCV6

EFFECTIVENESS OF CLOPIDOGREL IN ADDITION TO ASPIRIN COMPARED TO ASPIRIN ALONE AFTER ACUTE CORONARY SYNDROME

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OBJECTIVES: To assess the effectiveness of clopidogrel in addition to aspirin versus aspirin alone after acute coronary syndrome (ACS) in an Australian context. **METHODS:** A Markov model was constructed to simulate the onset of major cardiovascular events (composite of myocardial infarction, ischemic stroke and cardiovascular death), major bleeding events and non-cardiovascular death in a representative cohort of 1000 subjects experiencing ACS. In the first year post ACS, underlying risks of events were drawn from the nationwide Australian Acute Coronary Syndromes Prospective Audit (ACACIA) registry (n = 2553). In subsequent years, risks from Australian participants of the Reduction in Atherothrombosis for Continued Health (REACH) registry (n = 2567) were used. Decision analysis compared the two interventions and follow-up was simulated for ten years. Relative risks of cardiovascular and bleeding events associated with clopidogrel were drawn from the Clopidogrel in Unstable Angina to Prevent Recurrent Events (CURE) trial, and assumed to be sustained as long as subjects remained on treatment. Uncertainty analyses were undertaken via Monte Carlo simulation. **RESULTS:** The modeled outcomes from the simulated follow-up of 1000 subjects in the ten year model were major CV events, major bleeding events and deaths. There were fewer CV events and deaths in the clopidogrel arm but more bleeding events than aspirin. The number needed to treat (NNT) to avoid a major CV event was 14 (9–29); to avoid a death was 33 (14–207). Overall, there were 8413 life years gained in clopidogrel compared with 8191 in aspirin alone. **CONCLUSIONS:** In the simulated cohort, the addition of clopidogrel to aspirin represents a highly effective strategy for the secondary prevention of death and cardiovascular events following ACS. Although there is a small increase in bleeding in the simulated cohort, the net effect remains a significant prevention of cardiovascular events, saving of lives and years of life gained.

PCV7

CLINICAL EFFECTIVENESS OF BOSENTAN, EPOPROSTENOL, ILOPROST, SILDENAFIL AND TREPROSTINIL IN THE TREATMENT OF PULMONARY ARTERIAL HYPERTENSION—A SYSTEMATIC REVIEW

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OBJECTIVES: The aim of this systematic review (SR) is to compare efficacy and safety of bosentan, epoprostenol, iloprost, sildenafil and treprostinil with conventional treatment (CT) in patients with pulmonary arterial hypertension (PAH). **METHODS:** Analysis was performed according to "Polish

Guidelines on Health Technology Assessment", 2007 and "Cochrane Handbook for Systematic Reviews of Interventions". In order to identify RCTs medical databases were searched: e.g. Medline, Embase and Cochrane Library. Calculations and metaanalyses were performed using *StatsDirect* statistical software. **RESULTS:** Nineteen RCTs (treatment period 2–16 weeks), in which a total number of 1795 patients with PAH participated, were included in the SR. All patients continued CT with anticoagulants, vasodilators, diuretics and/or digitalis glycosides. Bosentan, epoprostenol, iloprost and sildenafil significantly increase exercise capacity (according to the NYHA classification) comparing to placebo in the PAH population: bosentan vs. placebo: OR = 2.25 (95%CI: 1.21; 4.18); epoprostenol vs. placebo: OR = 37.99 (95%CI: 8.43; 171.22); iloprost vs. placebo: OR = 2.25 (95%CI: 1.02; 5.13), sildenafil vs. placebo: OR = 6.94 (95%CI: 2.78; 17.31). In bosentan, iloprost, sildenafil and treprostinil groups significantly higher improvement in exercise capacity, measured using the 6-minute walk test, was found comparing to placebo: WMD = 43.33 m (95%CI: 27.55; 59.12) for bosentan vs. placebo; 36.4 m ($p = 0.004$)—iloprost vs. placebo; 55.82 m (95%CI: 38.03; 73.61)—sildenafil vs. placebo and 16.00 m (95%CI: 4.40; 27.60)—treprostinil vs. placebo. In safety analysis no statistically significant differences were observed between bosentan and placebo as well as sildenafil and placebo groups. Comparing to placebo, in epoprostenol group significantly more often jaw pain, nausea and diarrhea occurred, in iloprost group there was higher incidence of serious syncope or flushing and jaw pain and in the treprostinil group—sudden vasodilation, edema, jaw pain and reaction, pain, hematoma or induration at the injection site. **CONCLUSIONS:** The use of these five drugs in addition to CT is more effective than CT alone.

PCV8

CLINICAL AND ECONOMIC IMPACT OF DRUG-ELUTING STENT AND BARE METAL STENT IN HONG KONG—A SINGLE CENTRE "REAL WORLD" EXPERIENCE

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OBJECTIVES: The effectiveness of drug-eluting stents (DES) and bare-metal stents (BMS) in reducing restenosis and rate of major adverse cardiac events (MACE) in selected patients has been demonstrated by the randomized controlled trials. Despite the better efficacy of DES over BMS in reducing revascularization, the initial cost of DES is much higher than BMS, which limits its use in clinical practice. We aimed to evaluate the clinical outcome of BMS and DES placement in coronary artery disease patients and estimate the cost of BMS and DES placement in a Chinese population. **METHODS:** It was a retrospective cross-sectional study. We included all patients who underwent PCI with stent placement of either DES or BMS in a tertiary public hospital in Hong Kong during January to December 2005. Patients were followed up for the occurrence of MACE within 12 months of the index stent placement. MACE was defined as cardiac death, non-fatal myocardial infarction and target lesion revascularization. Direct medical costs were estimated based on the procedural cost, hospitalization, medications, cardiac follow-up and repeated interventions taken. **RESULTS:** This analysis included 447 patients. Twelve-month MACE rate was 10.6% in BMS versus 3.0% in DES ($p = 0.001$). Rate of cardiac death was 2.9% in BMS versus 0.0% in DES group ($p = 0.109$). The mean 12-month cost per patient after index PCI was USD 9802.9 \pm 8503.8 (median = 8721.8) in BMS and USD 10052.1 \pm 5624.9 (median = 8786.7) in DES. On average, DES costs USD 1605.1 more than BMS per patient. **CONCLUSIONS:** DES demonstrated a significant reduction in 12-month MACE

compared with BMS. Although DES carried a higher procedural cost, it had similar 12-month costs with BMS due to less post-PTCA intervention. DES was proved to be cost-effective to be used in Hong Kong public hospitals.

PCV9

AN ANALYSIS OF THE ANTIHYPERTENSIVE EFFECTIVENESS OF IRBESARTAN VS. CANDESARTAN

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OBJECTIVES: To explore the efficacy of irbesartan in reducing blood pressure (BP) compared to candesartan, in a real-world setting. **METHODS:** We analysed the records of 10,338 (5,425 candesartan; 4,913 irbesartan) adult patients with hypertension who were initiated on the two agents between 1998 and 2006 using the UK THIN GP database. The analyses presented report the comparisons for General hypertensive patients (systolic BP (SBP) ≥ 140 mmHg, diastolic BP (DBP) ≥ 90 mmHg) and Severe hypertensive patients (SBP ≥ 180 mmHg, DBP ≥ 110 mmHg) on either ARB over the first 2 years of treatment. **RESULTS:** In the General hypertensive group mean SBP reductions at 1 year reached 14.7 mmHg for irbesartan vs. 13.6 mmHg for candesartan. Mean DBP reductions reached 8.5 mmHg for irbesartan and 7.1 mmHg for candesartan. In the Severe group, mean SBP reductions reached 31.6 mmHg for irbesartan vs. 31.2 mmHg for candesartan. Mean DBP reductions reached 15.8 mmHg for irbesartan vs. 13.4 mmHg for candesartan. Similar comparisons were observed in the second year analysis. All but one of the comparisons were statistically significant in a multivariate analysis after adjusting for baseline BP, age, sex, weight, diabetes status, practice effect, socioeconomic status, 1st line vs. subsequent line usage, number of prior comorbidities, hypertensive diagnosis status and type of and number of co-therapies prescribed. In the General hypertensive population, patients receiving irbesartan showed a greater mean reduction in SBP of 1.18 mmHg ($p < 0.001$) and of 0.55 mmHg ($p < 0.001$) in DBP over 2 years compared to those receiving candesartan. Similar differences among therapies were observed in Severe patients, 1.79 mmHg in SBP ($p = 0.02$), -0.10 mmHg in DBP ($p = 0.747$). Significance may have been affected by the small number of patients in the Severe group. **CONCLUSIONS:** In a real-world setting, patients receiving irbesartan are observed to achieve greater BP reductions compared to those receiving candesartan.

PCV10

SUPERIOR FORGIVENESS WITH ALISKIREN IN THE PRESENCE OF IMPERFECT COMPLIANCE

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OBJECTIVES: Missing a single dose is the most common error in patients on once-daily antihypertensives. In this study we explored whether a drug which maintains its efficacy for >48 hrs offers adequate blood pressure (BP) reduction in the face of typical dosing errors. **METHODS:** Mean BP reduction and rate of loss of efficacy after stopping the drug were derived from a randomized study comparing aliskiren, ramipril, and irbesartan in 654 hypertensives. An independent database of dosing histories, compiled in patients on once-daily antihypertensives and recording electronically whether and when doses were taken, was used to describe the distribution of dosing errors. From this, each